

BenQ Ergo Arm BDL01

Handles Everyday Monitor Stable & Smooth


4.4-24.2 lbs
2-11 kg
Per Arm


Max 35"
Per Arm

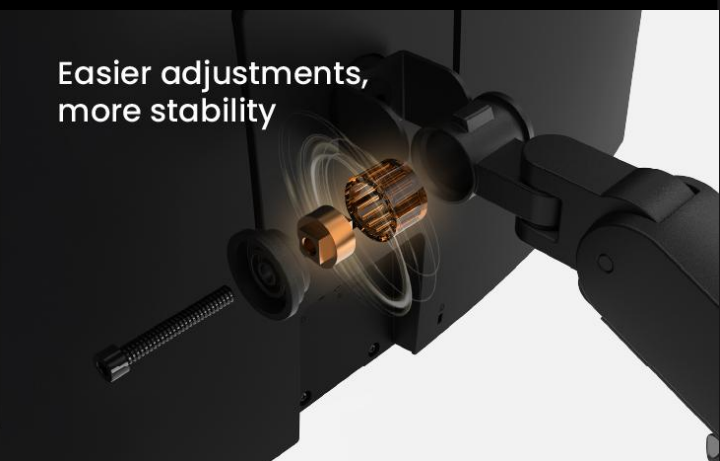

75*75
100*100
mm



BenQ Ergo Arm BDL01 Fits monitors up to 35 inches and supports weights from 2 to 11 kg. It ensures stability, ergonomic comfort, and a clutter-free desk space.



20,000 Times
Tested Support



Easier adjustments,
more stability

Mechanical spring tested for 20,000 cycle and optimized tilt structure. Delivers reliable support and helps prevent sagging over long-term use.

Visualize Tension

Guess-free adjustment



Built-in tension
indicator for easy setup

Easy Installation

Top mounting



Top mounting C Clamp
or grommet base

Full Range

of motion



Adjust your screen
freely for ideal setup



Because it matters

Model Name	BDL01
Arm Dimension (mm)	1044 x 114 x 553 mm
Net Weight	5.54 kg
Fits Screen Size	17" ~ 35" (per arm)
VESA Compatible	100 x 100, 75 x 75
Weight Capacity (per screen)	2 ~ 11 kg (per arm)
Extension	Max 550 mm (21.7")
Screen Rotation	180° ~ -180°
Swivel Range	90° ~ -90°
Tilt Range	68 °~ -45°
Fits Desk Thickness	10 to 50 mm
Mounting Option	Grommet, Clamp
Cable Management	Yes
Other Accessories	QSG; Warranty Card; Spare Parts